03  Development and Validation of Alexithymia Scale for Pakistani Population
    Ambreen Fatima, Saba Ghayas and Rabia Khawar

10  Development of the Decision to Vote Scale
    Hassan Jabeer Muhammad and Syeda Salma Hasan

15  Construction and Validation of Perceived Dimensions of Parenting Scale (PDPS)
    Syeda Shahida Batool

26  Feminist Movements Leading towards Emancipation or Alienation: Case Study of Pakistan
    Noor Ul Ain

33  Spousal Abuse among Pakistani Women: A Thematic Analysis
    Hina Sultan, Amina Obaid Khawaja and Tehziba Kousir

42  Career-decisions, Self-efficacy and Self-esteem among Students of Private and Government Academic Institutions
    Zainab Javed and Omama Tariq

Short Report

47  Differences in Defense Mechanisms between Depressive Patients and Non-Depressive Individuals
    Mussarat Jabeen Khan and Seema Gul
INSTRUCTIONS TO AUTHORS

Pakistan Journal of Social and Clinical Psychology (PJSCP) is a research journal published biannually by the Department of Psychology, Government College University, Lahore. The PJSCP provides a forum for dissemination of findings related to social and clinical areas of Psychology, although not totally excluding other fields. The journal aims to enhance the understanding of social, environmental and cultural factors in the etiology and outcomes of mental health problems as affecting individuals and society. The journal welcomes articles from psychology, psychiatry, sociology and other disciplines allied to mental health and well-being. We publish both quantitative and qualitative research and give both approaches equal importance. In addition to regular length articles, brief reports are also published for maximum utilization of the space. The PJSCP follows the blind-reviewing policy.

Submission of manuscripts: Original manuscript along with its two copies should be submitted to the Editor. Authors are requested to include with each copy of the manuscript, a cover sheet, which shows the title of the study, the authors’ name, the institutional affiliation and address and email of the corresponding author. The first page of text should omit the author’s name and affiliation. However, it should include the title of the research. It is desirable to duly acknowledge the contribution of all the persons, organizations and institutions involved in the research. The corresponding authors have to submit duly filled in agreement form, given on the website of PJSCP, along with the submitted manuscript for the journal. The authors are strongly encouraged to submit manuscripts on disk prepared using MS Word and should be clearly labeled with the authors’ names, file name and software version. Each manuscript should be accompanied by a statement that it has not been published elsewhere and that it has not been submitted simultaneously for publication elsewhere. Authors are responsible for obtaining permission to reproduce copyrighted material from other sources. All accepted articles will become the property of the publisher.

All parts of the manuscript should be formatted according to the guidelines provided in the Publication Manual of the American Psychological Association (6th Edition); it should be typewritten, double spaced, with margins of at least one inch on all sides. Manuscript pages should be numbered consecutively throughout the paper. Authors should also supply a shortened version of the title suitable for the running head, not exceeding 50 character spaces. Each article should be summarized in an abstract of not more than 200 words and a minimum of 150 words. The author should also mention 3-4 keywords. The minimum length of a manuscript should be 5000 words and it should be no longer than 8000 words including references and appendices.

Manuscripts, including tables, figures and references, should be prepared in accordance with the Publication Manual of the American Psychological Association (6th Edition). Further instructions can be obtained from the departmental web page at http://www.gcuedu.pk/Soc&ClinPsyJour.htm.

Tables and Figures: Tables and figures should not be embedded in the text, but should be included as separate sheets or files. A short descriptive title should appear above each table with a clear legend and any footnotes suitably identified below. All units must be included. Figures should also be completely labeled.

Format: The manuscript should be organized according to the Journals format. Introduction (no heading), Method (Participants, Instruments, Procedure), Results, Discussion (after discussion list Implications, Limitations and Future Recommendations, Conclusion) and References.

Reprints: A copy of journal and ten reprints are supplied free of cost. Additional reprints may be obtained on ordering in advance from the Associate Editor on payment.

Correspondence and submission of manuscripts should be addressed to: The Editor, Pakistan Journal of Social and Clinical Psychology, Department of Psychology, GC University, Katchery Road, Lahore-54000, Pakistan.

Online submission of articles can be made to: pjscp.gcu@gmail.com or chairperson.psy@gcu.edu.pk