Program

Mental Health Week 2017 & 3-Day International Conference on Health Psychology
24th April to 28th April, 2017
Theme: Health Psychology

Day I: Monday, 24th April 2017

Inter Universities Poster Competition & Mental Health Walk
Venue: Salam Hall
Time: 09:30 AM – 12:00 PM

Posters Exhibition: (09:30 A.M- 12:00 P.M.)
Arrival of the Chief Guest, Honorable Vice Chancellor, Prof. Dr. Hassan Amir Shah: (10:00 A.M.)
Opening Ceremony: (10:00 A.M. – 10:10 A.M)
Round of the Exhibition by Honorable Vice Chancellor & Judges: (10:10 A.M- 10:30 A.M.)
Recitation of Holy Quran: (10:30 A.M.-10:40 A.M.)
Recitation of Naat: (10:40 A.M.-10:50 A.M.)
Announcement of Results by Judges: (10:50 A.M.-11:00 A.M.)
Address by Dr Syeda Shahida Batool, Chairperson, Department of Psychology: (11:00 A.M. – 11:10 A.M.)
Address by the Chief Guest, Honorable Vice Chancellor, Prof. Dr. Hassan Amir Shah: (11:10 A.M. – 11:30 A.M.)
Distribution of Shield to the Winning Teams: (11:30 A.M. – 11:45 A.M.)

Mental Health Walk: (11:45 A.M. – 12:00 P.M.)
(From GCU Tower to Main Gate of GCU, Lahore)

Tea for the Guests: (12:00 P.M-12:30 P.M)
Venue: Meetings Room

Inter-Universities Performing Arts Competition: Plays, Mimes, Skits
Venue: Bokhari Auditorium
Time: (12:30 P.M- 3:30 P.M.)

Judges:
- Prof. Mirza Athar Baig, Distinguished Professor, Department of Philosophy & IDC, GC University, Lahore
- Dr. Khalid Mehmood Sanjrani, Chairperson Department of Urdu, GC University, Lahore

Day II: Tuesday, 25th April, 2017
Venue: Seminar Room, Physics Department
Time: 09:30 A.M – 4:00 PM

Pre-Conference Workshop on “Quality in qualitative data collection: Designing and conducting mixed method research” by Dr. Richard de’ Visser, Reader/Director of Student Experience - School of Psychology, University of Sussex, UK
Day-III to Day-V

Three-Day International Conference on Health Psychology: Issues & Challenges
26th – 28th April, 2017

Patron in Chief: Prof. Dr Hassan Amir Shah (SI), Vice Chancellor – Government College University, Lahore
Chief Organizer: Dr. Syeda Shahida Batool, Chairperson – Department of Psychology Government College University, Lahore.

Day 1: Wednesday, 26th April, 2017
Venue: Bukhari Auditorium

Inaugural Session: (10:00 am – 12:00 pm)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:00 am – 10:05 am</td>
<td>Recitation of the Holy Quran</td>
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<tr>
<td>10:05 am – 10:15 am</td>
<td>Recitation of Naat</td>
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<tr>
<td>10:15 am – 10:30 am</td>
<td>Welcome Address by Dr Syeda Shahida Batool</td>
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<td></td>
<td>Chairperson Department of Psychology</td>
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<td>GC University Lahore</td>
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<tr>
<td>10:30 am – 11:00 am</td>
<td>Keynote Address:</td>
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<tr>
<td></td>
<td>“Physical, mental &amp; Spiritual Health: Triad of Happiness and Tranquility”</td>
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<td>Prof. Dr Syed Ashiq Ali Shah</td>
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<td>Kwantlen Polytechnic University, Surrey, BC, Canada</td>
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<tr>
<td>11:00 am – 11:10 am</td>
<td>Guest Speaker:</td>
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<td>Dr. Adnan Zafar Khan</td>
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<td></td>
<td>Additional Secretary – Primary &amp; Secondary Healthcare/Project Director - Punjab AIDS Control Program</td>
</tr>
<tr>
<td>11:10 am – 11:20 am</td>
<td>Address by Prof. Dr. Tahir Kamran</td>
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<td></td>
<td>Dean of Arts and Social Science</td>
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<td>GC University Lahore</td>
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<tr>
<td>11:20 am – 11:35 am</td>
<td>Address by Chief Guest</td>
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<td>Mr. Syed Raza Ali Gillani</td>
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<td></td>
<td>Minister for Higher Education, Government of Punjab</td>
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<tr>
<td>11:35 am – 11:50 am</td>
<td>Address by Prof. Dr Hassan Amir Shah (SI)</td>
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<td></td>
<td>Honourable Vice Chancellor, GC University Lahore</td>
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<tr>
<td>11:50 am – 12:00 pm</td>
<td>Presentation of Shields to Guests</td>
</tr>
</tbody>
</table>

Tea Break: (12:00pm – 12:30 pm)
Venue: Salam Hall

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>12:30 pm – 01:00 pm</td>
<td>State of the Art Lecture:</td>
</tr>
<tr>
<td></td>
<td>Venue: Bukhari Auditorium</td>
</tr>
</tbody>
</table>
“Why Qualitative Methods are Needed to Understand Quantitative Data?”
Dr. Richard de’ Visser
Reader/Director of Student Experience - School of Psychology
University of Sussex, UK

**SCIENTIFIC SESSION – I**

**SESSION: 1: A**
**Time: 1:10 pm – 2:55 pm, Venue: Bukhari Auditorium**

**Theme: Women Issues**

**Session Chair:** Dr Rukhsana Kausar

**Session Co-Chair:** Dr Rafia Rafique

**Session In-charge:** Dr Iffat Batool/
Ms. Amina Tarar

**Facilitator:** Ms. Mariam Tahira/
Ms. Aineeza Pervez

**Moderator:** Aneeza Pervez

**Email:** aneezapervez@gmail.com

**Phone:** 03224505154

*Time Allotted per presentation: 7 minutes*

<table>
<thead>
<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
</tr>
</thead>
<tbody>
<tr>
<td>ICHP - 001</td>
<td>Working Women Stress and Quality of Life regarding Family System</td>
<td>Pulwasha Anwar, Shamaila Asad</td>
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<tr>
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<td>University of Lahore</td>
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<tr>
<td>ICHP - 002</td>
<td>Marital Adjustment and Life Satisfaction of Primary Infertile Women With or Without Adopted Children</td>
<td>Tehmeena Nazir &amp; Ruhi Khalid</td>
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<td>Beaconhouse National University, Lahore</td>
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<tr>
<td>ICHP - 003</td>
<td>Attitude towards Menstruation, Health Locus of Control and Menstrual Coping Strategies of Young Muslim Women</td>
<td>Samar Asif &amp; Ruhi Khalid</td>
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<tr>
<td></td>
<td></td>
<td>Beaconhouse National University, Lahore</td>
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<tr>
<td>ICHP - 004</td>
<td>Attitude Towards Sexually Molested Females of Gender Population and the Impact of their Attitudes on Sexually Molested Females</td>
<td>Anam Shahid &amp; Pulwasha Anwar</td>
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<td>University of Lahore</td>
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<tr>
<td>ICHP - 005</td>
<td>Mental Health and Mental Wellbeing of Parental and Post-natal Women in High Altitude of Skardu</td>
<td>Eshrat Fatima &amp; Rabia Hussain</td>
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<tr>
<td></td>
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<td>NIPCONS NUST, Rawalpindi</td>
</tr>
<tr>
<td>ICHP - 006</td>
<td>Bio-Psychosocial Impacts of Menopause among Pakistani Women</td>
<td>Samreen Ibrar, Komal Ijaz, Sahira Muzaffar, Asma Nasir, Aniqa Manzoor &amp; Amina Muazzam</td>
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<td>University of Lahore</td>
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<tr>
<td>ICHP - 007</td>
<td>Miscarriage: Emotional Burden and Social Suffering for Women in Pakistan</td>
<td>Syeda Shahida Batool &amp; Hareem Azam</td>
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<td>GC University Lahore</td>
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<tr>
<td>ICHP - 008</td>
<td>Living with Good Cancer: An Interpretative Phenomenological Analysis of Female Patients with Thyroid Cancer</td>
<td>Erum Makhdoom &amp; Syeda Shahida Batool</td>
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<tr>
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<td>GC University Lahore</td>
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<tr>
<td>ICHP - 009</td>
<td>Psychological Pain Among Women With Breast Cancer</td>
<td>Salika Sana &amp; Rabia Iftikhar</td>
</tr>
<tr>
<td>Abstract No.</td>
<td>Title of Presentation</td>
<td>Authors</td>
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<tr>
<td>ICHP – 010</td>
<td>Social Support &amp; Marital Adjustment of women with first VS Subsequent Pregnancies</td>
<td>Amina Sadia &amp; Rukhsana Kausar University of the Punjab, Lahore</td>
</tr>
<tr>
<td>ICHP – 011</td>
<td>Mindfulness &amp; Sexual Self-Concept in Issueless Women</td>
<td>Saman Mustafa &amp; Faiza Safdar University of the Punjab, Lahore</td>
</tr>
<tr>
<td>ICHP – 013</td>
<td>Psychosocial problems of Teenage Pregnancy among Run Away Females</td>
<td>Saba Riaz, Arooba Afzal &amp; Rehma Tariq University of Lahore</td>
</tr>
<tr>
<td>ICHP – 014</td>
<td>Bio Psychosocial Impacts of Early Puberty in Pakistani Girls</td>
<td>Wasia Aleem, Sahira Muzafar &amp; Amina Muazzam University of Lahore</td>
</tr>
<tr>
<td>ICHP - 156</td>
<td>Psychosocial Experiences of Infertility in Pakistani Women</td>
<td>Anila Mubashir &amp; Syeda Shahida Batool GC University, Lahore</td>
</tr>
</tbody>
</table>

**SESSION: 1: B**  
*Time: 1:10 pm – 2:55 pm, Venue: Fazle-e-Hussain Reading Room*

**Theme: Health in Organizational Settings**

**Session Chair:** Dr. Farah Malik  
**Session Co-Chair:** Dr Saima Ghazal  
**Session In-charge:** Dr Nasreen Akhtar  
**Facilitator:** Ms. Erum Makhudm Ms. Hira Jahangir  
**Moderator:** Fizza Rai Khan  
**Email:** fizzahrai@gmail.com  
**Phone:** 03344138862  
*Time Allotted per presentation: 7 minutes*

<table>
<thead>
<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
</tr>
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<tbody>
<tr>
<td>ICHP – 015</td>
<td>Career Decision Making Difficulties in Pakistani Adolescents</td>
<td>Beenish Najam &amp; Saima Ghazal University of the Punjab</td>
</tr>
<tr>
<td>ICHP – 016</td>
<td>Workplace Stress, and Coping Strategies of Security Guards Working in Private Universities</td>
<td>Abeer Saleem, Farhat Jamil &amp; Ruhi Khalid Beaconhouse National University, Lahore</td>
</tr>
<tr>
<td>ICHP – 017</td>
<td>Perfectionism, Workaholism and Job Burnout in Bank Managers</td>
<td>Shanzay Sahbbir &amp; Zaeema Farooq University of the Punjab</td>
</tr>
<tr>
<td>ICHP – 018</td>
<td>Mediating Role of Job Crafting in Relationship between Self-Efficacy and Job Strain</td>
<td>Anum Majeed, Mehmuda Fatima &amp; Sadia Niazi University of Sargodha</td>
</tr>
<tr>
<td>ICHP – 019</td>
<td>Impact of Perceived Authentic Leadership on Burnout in University Teachers:</td>
<td>Adnan Adil &amp; Anila Kamal</td>
</tr>
</tbody>
</table>
### Mental Health Week, 2017 & 3-Day International Conference on HEALTH PSYCHOLOGY: ISSUES AND CHALLENGES

**Mediating Role of Promotive and Preventive Psychological Ownership**

**University of Sargodha**

**ICHP – 020**

*A Comparative Study on Job Satisfaction among Pakistani Junior Doctors Working in Pakistan, America, Australia and Ireland*

Misbah Masood & Subha Malik

*Lahore College for Women University*

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**ICHP – 021**

*Protective and Risk Factors of Job Burnout among Special Education Teachers*

Tayyaba Khan & Syeda Shahida Batool

*GC University, Lahore*

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**ICHP – 121**

*Perception of Gender Role Strain in Educated Men and Women*

Hana Arshad & Sarah Shahed

*Lahore College for Women University*

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**ICHP – 023**

*Work Conflict as a Moderator in Relationship between Psychological Well-being and Job Satisfaction in School Teachers’ Life*

Lubna Jaffar & Sadia Niazi

*University of Sargodha*

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**ICHP – 024**

*Workplace Stress and Professional Quality of Life among Pakistani and Chinese Experienced and Less Experienced Employees working in Private Sector Organizations*

Hamid Bilal, Syeda Salma Hasan & Gang Wang

*GC University, Lahore*

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**ICHP – 025**

*Relationship between Personality Traits & Decision Making Styles among Air Traffic Controllers: mediating Role of Job Stress*

Samreen Arshad & Syeda Shahida Batool

*GC University, Lahore*

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**ICHP – 026**

*Job Characteristics and Occupational Stress in Predicting Psychological Distress among Nurses*

Ahmed Bilal, Afsheen Masood, Zia Ullah Akhunzada & Amna Shahid

*GC University, Lahore*

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**SESSION: 1: C**

*Time: 1:10 pm – 2:55 pm, Venue: Meeting Room*

**Theme: Social & Psychological Well-being**

**Session Chair:** Dr Zahid Mehmood  
**Session Co-Chair:** Dr Sadia Saleem  
**Session In-charge:** Dr Syeda Salma Hasan  
**Facilitator:** Ms. Fatima Murtaza  
**Moderator:** Anum Rabbani  
**Email:** anum.rabbani@riphah.edu.pk  
**Phone:** 03454359776

*Time Allotted per presentation: 7 minutes*

<table>
<thead>
<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
</tr>
</thead>
</table>
| ICHP – 027   | Personality Dispositions as Predictor of Psychopathic Trends among Non-Forensic General Population | Shazia Habib & Syeda Shahida Batool  
*GC University, Lahore* |
| ICHP – 028   | Measurement of Quality of Life and Mental Health in Miners of Hunza/ Nagar Valleys, Gilgit-Baltistan: A Preliminary Study | Zulfiqar Ali & Rabia Hussain  
*NIPCONS NUST, Rawalpindi* |
| ICHP – 029 | A Cross Cultural Study of Masculinity, Personal Growth and Well-Being in University Students of Pakistan and the UK | Mamoona Mushtaq & Richard de Visser  
University of Sussex, UK |
|------------|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| ICHP – 030 | Adult Attachment Styles as Predictors of Personality Traits and Personality Disorders | Farah Toqeer & Syeda Salma Hasan  
GC University, Lahore |
| ICHP – 031 | Does Depression Affect Psychological Well-Being of Diabetic Individuals: A Comparative Study | Shazia Yusuf & Rubina Hanif  
Quaid-e-Azam University, Islamabad |
| ICHP – 032 | Impact of Self Compassion on Depression: Role of Rejection Sensitivity and Emotional Intelligence | Kaleem Abbas, Adnan Adil, Mohsin Atta & Sultan Shuja  
University of Sargodha |
| ICHP – 033 | Role of Emotional Intelligence in Relationship between Spiritual Intelligence and Subjective Well-Being among University Students | Rizwana Bibi, Saba Ghayas, Wajiha Tahir & Syeda Omama Shahab  
University of Sargodha |
| ICHP – 034 | Gender Role Conflict and Psychological Wellbeing in Male–to-female Transgender Individuals | Rabia Majeed & Mahira Ahmad  
Kinnaird College For Women, Lahore |
GC University, Lahore |
| ICHP - 167 | Effect of Emotional Intelligence and Self-Efficacy on Psychological Well Being of University Students | Waska Mehmood & Mariam Tahira  
GC University, Lahore |

**Lunch: (3:00 pm – 3:30 pm)**  
**Venue:** Professionals & Guests – Salam Hall  
**Students - Logia Gardens**
Day 2: Thursday, 27th April, 2017
Venue: Bukhari Auditorium

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<td>09:00 am – 09:05 am</td>
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<td>09:05 am – 09:15 am</td>
<td>Recitation of Naat</td>
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<tr>
<td>09:15 am – 10:00 am</td>
<td>State of the Art Lecture: “Faith, Religion and Mental Health: Developmental Perspectives in a Globalizing World”</td>
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<td></td>
<td>Dr. Barbara Keller</td>
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<td>Universität Bielefeld, Germany</td>
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</tbody>
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**SCIENTIFIC SESSION – II**

SESSION: 2: A

Time: 10:10 am – 11:40 am, Venue: Bukhari Auditorium

Belief System, Religiosity & Health

**Session Chair:** Dr. Barbara Keller  
**Session Co-Chair:** Dr Farhat Nadeem

**Session In-charge:** Dr Iffat Batool/ Ms. Amina Tarar  
**Facilitator:** Ms. Mariam Tahira/ Ms. Aneeza Pervez

**Moderator:** Meesum Ali/Hamid Bilal  
**Email:** messumzkazmi@gmail.com/hamidbilal@hotmail.com

**Phone:** 03114726010/ 03018463000

*Time Allotted per presentation: 7 minutes*

<table>
<thead>
<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
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</thead>
</table>
| ICHP – 035   | Looking in on Those Living with Scrupulosity: A Thematic Analysis of Forum Postings on A Dedicated online Support Group Discussion Forum | Christopher Alan Lewis, Joanne Turley & Dagmar Anna S. Corry  
**Glyndwr University, UK** |
| ICHP – 036   | Victim’s perspective on Mental Illness: witchcraft or Psychology                      | Shaista Khalid & Saba Ghayas  
**University of Sargodha** |
| ICHP – 037   | Uncertainty in Relation to Dengue Fever, Fear and Practice of Preventive measures: A community Survey in Lahore, Pakistan  | Afifa Anjum & Rafia Rafique  
**University of the Punjab** |
| ICHP – 038   | Anxiety as a Mediator between Paranormal Belief and Loneliness                      | Wajeeha Tahir & Saba Ghayas  
**University of Sargodha** |
| ICHP – 039   | Relationship between Personality Types and Beliefs towards Complimentary & Alternative Medicine | Syed Ali Muqtadir & Momina Ahsan  
**University of Central Punjab, Lahore** |
| ICHP – 040   | Relationship Between Medication Belief and Treatment adherence in Allergy Patients:  | Faryal Farid & Jamil A. Malik  
**Quaid-E-Azam University, Islamabad** |
<table>
<thead>
<tr>
<th>Abstract No.</th>
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<tbody>
<tr>
<td>ICHP – 041</td>
<td>Impact of Existential Loneliness and Existential Anxiety on Happiness: Modering Role of Religiosity and Gender</td>
<td>Syed Musa Kazim &amp; Adnan Adil University of Sargodha</td>
</tr>
<tr>
<td>ICHP – 042</td>
<td>Relationship between Religiosity and Depression Level of Pakistani Elderly Population: Role of After Life Belief</td>
<td>Saba Ghayas &amp; Syeda Shahida Batool GC University Lahore</td>
</tr>
<tr>
<td>ICHP – 043</td>
<td>Social Networking Sites (SNSs) and Social Comparison in Young Adults</td>
<td>Bushra Shafiq, Arooba Amjed &amp; Faiza Safdar University of the Punjab</td>
</tr>
<tr>
<td>ICHP – 044</td>
<td>Impact of Technology Usages on Sleep Disturbance, Attention Difficulty and Academic Achievement among Hostelites Day Scholars</td>
<td>Zareena Maqsood, Nafees Akhtar &amp; Qurat-ul-Ain IUB – Bahawalnagar Campus</td>
</tr>
<tr>
<td>ICHP – 045</td>
<td>Weekly Game Playtime and Its Relationship with Internet Gaming Disorder, Emotional Intelligence and Psychological Distress</td>
<td>Sadaf Zahra, Sadaf Ahsan &amp; Shoaib Kiani Foundation University, Rawalpindi</td>
</tr>
<tr>
<td>ICHP – 048</td>
<td>Social Anxiety and Interpersonal Sensitivity in Victims of Cyberbullying</td>
<td>Lamae Zulfiqar &amp; Ruhi Khalid Beaconhouse National University, Lahore</td>
</tr>
<tr>
<td>ICHP – 049</td>
<td>Social Media Based Sociability as Predictor of Loneliness, Anxiety and Depression among Elderly</td>
<td>Afshin Masood, Muhammad Sulman &amp; Ali Ashraf University of the Punjab</td>
</tr>
<tr>
<td>ICHP – 050</td>
<td>Sexualisation of Girls in Media and Consequent Reported Mental Health Problems among College Girls</td>
<td>Afshin Masood, Rubab Musarrat &amp; Sumaira Rashid University of the Punjab</td>
</tr>
<tr>
<td>ICHP – 051</td>
<td>Impact of Cyberbullying and Cyber victimization on Mental Health and Well-Being of Young Adults: Moderation by Gender</td>
<td>Sadia Musharaf &amp; Anis-ul-Haq Quaid-e-Azam University, Islamabad</td>
</tr>
</tbody>
</table>
SESSION: 2: C

Time: 10:10 am – 11:40 am, Venue: Meeting Room

Theme: Social & Psychological Well-being

Session Chair: Dr. Naumana Amjad
Session Co-Chair: Dr Afsheen Masood
Session In-charge: Dr Syeda Salma Hasan
Facilitator: Ms. Fatima Murtaza
Moderator: Saniya Kokab

Phone: 03014184648

*Time Allotted per presentation: 7 minutes

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<thead>
<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
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</thead>
</table>
| ICHP – 052   | Sleep Quality and Cognitive Disturbances: Mediators between Social Media Addiction and General Health among University Students | Mamoona Rao & Fauzia Naz  
Queen Mary College, Lahore |
| ICHP – 053   | Transphobia and Its Impact on Pro-social Behaviour                                      | Rabbia Ahmad, Maria Ghazal & Saba Ghayas  
University of Sargodha |
| ICHP – 054   | Polygamy and Psychosocial Development: the Perspective of Children                     | Aneeza Pervez & Syeda Shahida Batool  
GC University Lahore |
| ICHP – 055   | Body Image Dissatisfaction with Relation to Self-Esteem and Social Anxiety              | Aroob Rizvi & Mariam Tahira  
GC University Lahore |
| ICHP – 056   | Perceived Stigma, Social Support and Psychological Wellbeing in HIV Patients           | Rafia Rafique & Sunnynia Tufail  
University of the Punjab |
| ICHP – 057   | Self Esteem as a Predictor of Social Anxiety in Young and Middle Aged Adults: moderating Role of Social Connectedness | Mahmoda Fatima & Sadia Niazi  
University of Sargodha |
| ICHP – 058   | The Impact of Economic, Familial, Psychological and Social Empowerment on Psychological wellbeing of Young Women | Syeda Azra Batool & Syeda Shahida Batool  
Bahaaddin Zakariya University, Multan |
| ICHP – 059   | Perception of Men regarding the Protection of Women Against Violence Bill 2016         | Waliya Zaffar, Farah Shahbaz & Haya Fatimah  
University of Management and Technology, Lahore |
| ICHP – 060   | Behavioral Problems associated with Epileptic Children in Comparison with their Healthy Siblings | Nadia Afzal & Toussef Najeeb  
Lahore College for Women University |
Tea Break: (11:40 am – 12:10 pm)
Venue: Salam Hall

12:10 pm – 12:40 pm

State of the Art Lecture:
Venue: Bukhari Auditorium

“Health Psychology in Pakistan: Status, Challenges & Avenues to be Explored”
Prof. Dr. Sarah Shahed
Director – Women Institute for Leadership & Learning/
Head of Department – Gender & Development Studies
LCWU, Lahore

SCIENTIFIC SESSION – III

SESSION: 3: A

Time: 12:40 pm – 02:10 pm, Venue: Bukhari Auditorium

Parenting & Health

Session Chair: Dr. Christopher Alan Lewis
Session In-charge: Dr Iffat Batool/
Ms. Amina Tarar
Session Co-Chair: Dr Jamil A. Malik
Facilitator: Ms. Mariam Tahira/
Ms. Aneeza Pervez
Moderator: Hamid Bilal
Email: hamidbilal@hotmail.com
Phone: 03018463000

*Time Allotted per presentation: 7 minutes

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<tbody>
<tr>
<td>ICHP – 062</td>
<td>Perceived Parenting Styles, Morality and Psychopathic Tendencies in Madrassa and School Adolescents</td>
<td>Mahnoor Qayyum &amp; Saadia Dildar</td>
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<td></td>
<td>GC University Lahore</td>
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<tr>
<td>ICHP – 063</td>
<td>Behaving and Feeling like Vulnerable Child, an Internalized Bad Parent or a Health Person: the Interplay of Child Schema Mods and Hope among Young Adults</td>
<td>Meh Para Siddique &amp; Rubina Hanif</td>
</tr>
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<td></td>
<td>Quaid-e-Azam University, Islamabad</td>
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</tr>
<tr>
<td>ICHP – 064</td>
<td>Parenting Practices as Mediators between Positive/ Negative Affect and Internalizing/Externalizing Behaviour in Children (Slow Learners)</td>
<td>Akasha Asghar &amp; Fauzia Naz</td>
</tr>
<tr>
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<td>Queen Mary College, Lahore</td>
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<tr>
<td>ICHP – 065</td>
<td>Parents-Adolescents Communication Conflicts and socio-emotional Adjustment among Adolescents with Depression</td>
<td>Anam Naeem &amp; Fauzia Naz</td>
</tr>
<tr>
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<td>Queen Mary College, Lahore</td>
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</tr>
</tbody>
</table>
### SESSION: 3: B

**Time:** 12:40 pm – 02:10 pm, **Venue:** Fazle-e-Hussain Reading Room  
**Theme:** Health Issues in Adolescents

<table>
<thead>
<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
</tr>
</thead>
</table>
| ICHP – 066   | Relationship between children’s and parent’s emotional intelligence and Parenting Styles | Mahwish Naz, Sadaf Noureen, Syeda Anam Fatimah, Tahira Yousuf & Shabnam Arshi  
*Bahria University, Karachi* |
| ICHP – 067   | Academics related Anxieties and Educational Performance of University students: Moderating Role of Parenting Styles | Hafiza Abida Sahar, Muhammad Saleem, Muhammad Adeeb, Zartashia Kynat & Nurhayati Mohamad  
*JUB, Bahawalpur* |
| ICHP – 068   | Perceived parent-Adolescent Conflict and Social Competence | Zunaira Amin & Iftikhar Ahmad  
*University of Management & Technology, Lahore* |
| ICHP – 069   | Bio-Psychosocial Impacts of Bipolar Parents on Their Children | Ayesha Ghazal, Afia Naeem, Amina Muazzam & Sahira Muzaffar  
*University of Lahore* |

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<table>
<thead>
<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
</tr>
</thead>
</table>
| ICHP – 070   | Coping Strategies used by Pakistani Adolescents to Resolve Interpersonal Stressors: Qualitative Analysis | Iffat Rohail, Quratulain Junaid, Sara Ghazal & Muhammad Aqeel  
*Foundation University, Islamabad* |
| ICHP – 071   | Perceived Social Support, Self-Efficacy and Psychological Distress in Adolescents diagnosed with Type-1 Diabetes Mellitus | Sumaira Rashid, Maheen Waqas and Afsheen Masood  
*Kinnaird College for Women, Lahore* |
| ICHP – 072   | A Comparison between coping strategies of Bullied and Non-Bullied Adolescents | Hina Saleem Khan & Zainab Hussain Butto  
*Bahria University, Karachi* |
| ICHP – 073   | Family Environment, Self-Esteem and Social Anxiety in Adolescents | Mehwish Amjad & Zaeema Farooq  
*University of the Punjab* |

**Phone:** 03416212234  
**Email:** farwa.tahir@hotmail.com  
*Time Allotted per presentation: 7 minutes*
Mental Health Week, 2017 &
3-Day International Conference on
HEALTH PSYCHOLOGY: ISSUES AND CHALLENGES

<table>
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<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
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<tbody>
<tr>
<td>ICHP – 074</td>
<td>How do they Think? Role of Cognitive Errors in Relation Between Stressful Life Events and Anxiety among Adolescents</td>
<td>Tasnim, Rehna &amp; Rubina Hanif, Riphah International University, Islamabad</td>
</tr>
<tr>
<td>ICHP – 075</td>
<td>Relationship between Peer Victimization, School Connectedness and Mental wellbeing among Adolescents</td>
<td>Sadaf Arif, Saira Khan &amp; Rayna Sadia, Quaid-e-Azam University, Islamabad</td>
</tr>
<tr>
<td>ICHP – 076</td>
<td>Peer Pressure Predicting Smoking Behaviour in Late Adolescence</td>
<td>Maria Liaqat &amp; Farzan Ashraf, COMSATS Institute of Information Technology, Lahore</td>
</tr>
<tr>
<td>ICHP – 077</td>
<td>Difference of Creative Styles between Shy and Non-Shy Adolescents</td>
<td>Zohra Batool, Khizra Jamil &amp; Zainab Hussain Bhatto, Bahria University, Karachi</td>
</tr>
<tr>
<td>ICHP – 078</td>
<td>Emotional Intelligence of Visually Impaired Adolescents in Inclusive and Exclusive Settings</td>
<td>Kinza Mubeen &amp; Shazia Maqsood, Govt. Training College for the Teachers of Blind, Lahore</td>
</tr>
<tr>
<td>ICHP - 168</td>
<td>Internalization of sociocultural standards, perceived teasing, body dissatisfaction and eating patterns of young females</td>
<td>Iqra Sajjad &amp; Humaira Naz, University of the Punjab</td>
</tr>
</tbody>
</table>

SESSION: 3: C

Time: 12:40 pm – 02:10 pm, Venue: Meeting Room

Theme: Case Studies in Health Psychology

Session Chair: Dr. Tahir Khalili
Session Co-Chair: Dr Tazveen Ijaz
Session In-charge: Dr Syeda Salma Hasan
Facilitator: Ms. Fatima Murtaza
Moderator: Maria Fatima
Email: mariafatima.irfan@hotmail.com
Phone: 03014606221

*Time Alotted per presentation: 7 minutes*
| ICHP – 084 | Effectiveness of Cognitive Behavioral Therapy: A Case Study of Depressive Symptoms | Sadaf Noureen & Kiran Bashir Ahmad
Bahria University, Karachi |
|---|---|---|
| ICHP – 085 | Reducing Inappropriate Behavior in Individual with Autism | Wajiha Ghani
Bahria University, Karachi |
| ICHP – 086 | A Case Study of Depression: Eclectic Approach | Sana Fatima & Zainab F. Zadeh
Bahria University, Karachi |
| ICHP – 087 | Management of Trichotillomania: A Case Study | Mamoona Ismail Loona, Adeela Khalid & Nashi Khan
International Islamic University, Islamabad |

**Lunch: (02:10 pm – 02:40 pm)**
*Venue: Professionals & Guests – Salam Hall*
*Students - Logia Gardens*

| 2:40 pm – 03:10 pm | **State of the Art Lecture:**
Venue: Bukhari Auditorium

“**The Association Between Religiosity & Psychological Health**”
_Prof. Dr. Christopher Alan Lewis_  
Glyndwr University, Wales, UK |

**SCIENTIFIC SESSION – IV**

**SESSION: 4: A**
*Time: 03:20 pm – 04:40 pm, Venue: Bukhari Auditorium*

**Quality of Marital Relationships & Health**

*Session Chair: Dr. Syed Ashiq Ali Shah*

*Session Co-Chair: Dr Shumaila Asad*

*Session In-charge: Dr Iffat Batool/
Ms. Amina Tarar*

*Facilitator: Ms. Mariam Tahira/
Ms. Aneeza Pervez*

*Moderator: Hareem Azam*

*Email: hareem_azam@hotmail.com*

*Phone: 03324165372*

*Time Allotted per presentation: 7 minutes*

<table>
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<tr>
<th>Abstract No.</th>
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<tbody>
<tr>
<td>ICHP – 089</td>
<td>Occupational Stress &amp; Marital Satisfaction among Medical</td>
<td>Shaiza Habib &amp; Itrat Hanif</td>
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<tr>
<td>Abstract No.</td>
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<tr>
<td>ICHP – 090</td>
<td>Marital Quality of Married Couples: Examining the Role of Forgiveness</td>
<td>Sadaf Ahsan &amp; Rubina Hanif</td>
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<td>Quaid-e-Azam University, Islamabad</td>
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<tr>
<td>ICHP – 091</td>
<td>Impact of Intimate Partner Violence on Subjective Well-Being of Female Victims</td>
<td>Zirwa Khalid &amp; Syeda Salma Hasan</td>
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<td>GC University Lahore</td>
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<tr>
<td>ICHP – 092</td>
<td>Psychological Adjustment of Married and Single Working Women: A Comparative Study</td>
<td>Aamina Ghani &amp; Musaffa Butt</td>
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<td>GC University Lahore</td>
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<tr>
<td>ICHP – 093</td>
<td>Attachment Styles, Psychological Manipulation and Mental Health of Spouses</td>
<td>Shahrukh Khan &amp; Saadia Dildar</td>
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<td>GC University Lahore</td>
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<tr>
<td>ICHP – 094</td>
<td>Marital Satisfaction &amp; Happiness between Professional and Non-Professional Married Couples</td>
<td>Andleeb Rubab, Bisma Ijaz, Zobia Noureen, Zunaira Rasool &amp; Saira Maqsood</td>
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<td>Lahore Garrison University</td>
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<tr>
<td>ICHP – 095</td>
<td>Marital Adjustment and Quality of Life in Spouses of Breast and Prostate Cancer</td>
<td>Abeeah Shaloom &amp; Amina Tarar</td>
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<td>GC University Lahore</td>
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<tr>
<td>ICHP – 096</td>
<td>Intimate Partner Betrayal among Pakistani Women</td>
<td>Hina Sultan &amp; Amina Muazzam</td>
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<td>Lahore College for Women University</td>
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<tr>
<td>ICHP – 097</td>
<td>External Locus of Control as a Moderator in Relationship between Depression and Marital Satisfaction</td>
<td>Sadia Niazi &amp; Adnan Adil</td>
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<td>University of Sargodha</td>
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<tr>
<td>ICHP – 098</td>
<td>Role of Locus of Control in Developing intimate Relationship and Mental Health outcomes in Married Couples: A Comparative Study</td>
<td>Muneeba Durani &amp; Farzana Ashraf</td>
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<td>COMSATS Institute of Technology, Lahore</td>
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</tbody>
</table>

**SESSION: 4: B**  
**Time: 03:20 pm – 04:40 pm, Venue: Fazle-e-Hussain Reading Room**  
**Theme: Positive Attitudes & Health**

**Session Chair:** Dr. Prof. Zainab F. Zadeh  
**Session Co-Chair:** Dr Zainab Bhutto

**Session In-charge:** Dr Nasreen Akhtar  
**Facilitator:** Ms. Erum Makhdum  
**Ms. Hira Jahangir**

**Moderator:** Erum Makhdoom  
**Email:** erumali.4@gmail.com

**Phone:** 03228466966  
*Time Allocated per presentation: 7 minutes*
| ICHP – 101 | Music Engagement and Mental Health among Transgender | University of Management and Technology, Lahore |
| ICHP – 103 | Impact of Personality Dispositions on Anxiety of University Students | Qasmia Gul & Syeda Shahida Batool, GC University Lahore |
| ICHP – 104 | The Effect of Self-efficacy and Emotional Intelligence on Happiness of Literate Youth: A mediating role of Resilience | Aimen Muhammad, Muhammad Saleem, Muhammad Adeeb and Mazlina Mustafa, Islamia University of Bahawalpur |
| ICHP – 106 | The Effect of Positive Strengths on Subjective Wellbeing of Educated Youth | Ambreen Siddiqui, Muhammad Saleem, Muhammad Adeeb, Maham Zafar & Ezarina Zakaria, The Islamia University of Bahawalpur |
| ICHP – 107 | Impact of Resilience on Burden and Perceived Public Stigma among Primary Caregivers of Psychiatric Patients | Farah Saleem and Kehkashan Arouj, Islamic International University, Islamabad |
| ICHP – 108 | Cognitive Emotional Regulation, Optimism and Health Related Quality of Life among Blood Cancer Patients | Sadia Kanwal & Rabia Iftikhar, GC University Lahore |
| ICHP – 109 | Effect of Prayers on Forgiveness and Subjective Wellbeing among Young Adults | Iqra Wazir & Nasreen Akhtar, GC University Lahore |
| ICHP – 110 | Health Locus of Control, Altruism and Meaning of Life among Cancer Patients and Normal People | Hafiza Munaza Hayat & Mahweesh Arooj Naz, GC University Lahore |
| ICHP – 111 | Association between Mindfulness and Positive Thinking: A Study with Cancer Patients | Momina Abid, Special Education Department, Government of the Punjab |
| ICHP – 112 | The Experience of Happiness among Pakistani Older Adults | Amina Obaid Khawaja & Sarah Shahed, Lahore College for Women University |
| ICHP – 164 | Relationship between Materialism and Satisfaction with life: Role of Social Comparison Discrepancy | Seemab Rasheed, Muazzam Abidi & Mussarat Jabeen Khan, Islamic International University, Islamabad |

**SESSION: 4: C**

**Time:** 03:20 pm – 04:40 pm, **Venue:** Meeting Room
Theme: Stress & Coping

**Session Chair:** Dr. Rubina Hanif  
**Session In-charge:** Dr Syeda Salma Hasan  
**Session Co-Chair:** Dr Najma Malik  
**Facilitator:** Ms. Fatima Murtaza  
**Moderator:** Ms. Fatima Murtaza  
**Email:** coursecoordinator-cpsy@gcu.edu.pk  
**Phone:** 03344208896

*Time Allotted per presentation: 7 minutes*

<table>
<thead>
<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
</tr>
</thead>
</table>
| ICHP – 113   | Coping Strategies and PTSD Symptoms Severity among individuals with Amputation       | Ifzonia Babar & Saadia Dildar  
**GC University Lahore** |
| ICHP – 114   | Gender Differences in Ways of Coping among Cardiovascular Disease (CVDs) Patients: an IPA Study | Bushra Jabeen, Gul Zareen, Amina Muazzam & Sahira Muzaffar  
**University of Lahore** |
| ICHP – 115   | Mediating Role of Perceived Social Support in Relationship between post-Traumatic Stress Symptoms and Quality of Life among Traumatized Individuals | Dania Javaid & Rubina Hanif  
**Quaid-e-Azam University, Islamabad** |
| ICHP – 116   | Relationship between Care-Giving Stress and Quality of Life Care Givers: Moderating Role of Social Support & Emotional Regulation Difficulties | Neelam Bibi & Jamil A. Malik  
**Islamic International University, Islamabad** |
| ICHP – 118   | Emotional Intelligence, Academic Stress and Academic Performance of Students         | Asma Khalid, Waqas Younas & Farzan Ashraf  
**University of the Punjab** |
| ICHP – 119   | Stress, Life Satisfaction and Self Esteem amongst Female Students studying in Co-Ed and Uni-Gender Institution | Sana Afridi & Saira Maqsood  
**Lahore Garrison University** |
| ICHP – 022   | Gender Differences in Emotional Empathy, Occupational Role Stress and Job Satisfaction among Teachers of Special and Normal School Children | Noureen Kazim, Nazia Iqbal & Aleena Khalid Ghouri  
**Islamic International University, Islamabad** |
| ICHP – 122   | Relationship Between Affective Styles of Emotions and Aggressive Behaviors among University Students | Mussarrat Jabeen Khan & Ghazala Fazaldad  
**Islamic International University, Islamabad** |
| ICHP – 123   | Cognitive Coping Strategies and Subjective Wellbeing of Patients with Asthma and Headache | Rabia Khawar, Rabia Maryam, Syeda Attia & Asma Riaz  
**Government College University Faisalabad** |
| ICHP – 124   | Death Anxiety, Coping and Rumination among students after Terrorist Attacks in Pakistani Universities | Tahreem Zia & Naeem Aslam  
**Quaid-e-Azam University, Islamabad** |
| ICHP – 163   | Role of Social Support as Moderator between Irrational beliefs and                   | Behlool Raza, Hajra Zahid, Mussarat Jabeen Khan & Seemab Rasheed |
| psychological Distress among Bankers, Teachers and Doctors | Islamic International University, Islamabad |
Day 3: Friday, 28th April, 2017
Venue: Bukhari Auditorium

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>09:00 am – 09:05 am</td>
<td>Recitation of the Holy Quran</td>
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<tr>
<td>09:05 am – 09:15 am</td>
<td>Recitation of Naat</td>
</tr>
<tr>
<td>09:15 am – 10:00 am</td>
<td>State of the Art Lecture: “Neuro feedback a Non-Invasive Treatment for a Range of Psychiatric Disorders: A Paradigm Shift in the Mental Health Field” Prof. Dr. Tahir Khalili Professor (Chair) – Psychology &amp; Director Academics International Islamic University Islamabad</td>
</tr>
</tbody>
</table>

**SCIENTIFIC SESSION – V**

**SESSION: 5: A**

*Time: 10:10 am – 11:40 am, Venue: Bukhari Auditorium*

**Therapy and Intervention Plans in Health Psychology**

**Session Chair:** Dr. Najma Najam  
**Session Co-Chair:** Dr Shabbir Rana  
**Session In-charge:** Dr Iffat Batool/Ms. Amina Tarar  
**Facilitator:** Ms. Mariam Tahira/Ms. Aneeza Pervez  
**Moderator:** Arooj Zahra Rizvi  
**Email:** aroojrizvi88@hotmail.com  
**Phone:** 03214619361  
*Time Allotted per presentation: 7 minutes*

<table>
<thead>
<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
</tr>
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</table>
| ICHP – 146   | Family Rejection and Life Satisfaction among Transgender People: The Moderating Role of Social Support | Shameem Fatima & Noreen Fatima  
COMSATS Institute of Information Technology, Lahore |
GC University Lahore |
| ICHP – 149   | Role of Brief Culturally Adapted Cognitive Behavior Therapy (CBT) in Psychotic Depression: A Case Study | Muhammad Aslam  
Clinical Psychologist Fountain House, Lahore |
| ICHP – 150   | Perspective of Planning and Problem Solving as Determinants of Weight Relapse Management | Afsheen Masood, Nadia Ijaz & Shama Muzzahir  
University of the Punjab |
| ICHP – 151   | An Action Research Program for Autistic Children                                        | Laraib Fayyaz & Amina Tarar  
GC University Lahore |
| ICHP – 152   | Development of Emotion Regulation Intervention for Adolescents                           | Sadaf Lal Din & Saima Ghazal  
University of the Punjab |
### SESSION: 5: B

**Time:** 10:10 am – 11:40 am  
**Venue:** Fazle-e-Hussain Reading Room

**Theme:** Physical Illness, Mental Health & The Health Care System  

**Session Chair:** Dr Anila Kamal  
**Session Co-Chair:** Dr Subha Malik  
**Session In-charge:** Dr Nasreen Akhtar  
**Facilitator:** Ms. Erum Makhdum  
**Sessions:** Ms. Hira Jahangir  
**Moderator:** Farah Waseem  
**Email:** farah.vaseem5@gmail.com  
**Phone:** 03214570006  

*Time Allotted per presentation: 7 minutes*

<table>
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<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
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</table>
| ICHP – 135   | Aggressive Behavior and Coping Strategies in Type A & Type B Behavior Pattern among Cardiac Patients | Asma Riaz, Hajrah Rubab & Rabia Khawar  
Government College University Faisalabad |
| ICHP – 136   | Burden of Care, Depression and Quality of Life among the Patients with Chronic Renal Failure and Their Caregivers | Amna Nawaz & Mahwesh Arooj Naz  
GC University Lahore |
| ICHP – 137   | Predicting Medical Decision Making in Educated Samples in Pakistan | Saima Ghazal  
University of the Punjab |
| ICHP – 140   | Perception and Attitude of Patients towards Illness. Doctor and Treatment | Shavana Bangash & Najam us Sahr  
FJWU, Rawalpindi |
| ICHP – 141   | Impact of Life Aspirations on Physical Health and Quality of Life: Mediating Role of Basic Psychological Needs | Ali Haider, Adnan Adil, Mohsin Atta & Sultan Shuja  
University of Sargodha |
| ICHP – 142   | Relationship between Suicidal Ideation and Clinical Anger among the Physically Disabled | Syeda Naila Andleeb & Sadaf Ahsan  
Foundation university, Rawalpindi |
| ICHP – 143   | Self-Efficacy and Quality of Life among Cardiac Patients | Fareeha Ittikhar & Bushra Naz  
GC University Lahore |
| ICHP – 144   | Perception of Body Image among Young Blind Female University Students: An Interpretative Phenomenological Analysis | Sadia Haq & Subha Malik  
Lahore College for Women University |
| ICHP – 145   | Physician Assisted Euthanasia: Attitude and Experiences of Decision Makers | Madiha Irshad & Syeda Shahida Batool  
GC University Lahore |
### SESSION: 5: C

**Time:** 10:10 am – 11:40 am  
**Venue:** Meeting Room

**Theme:** Psychological Assessment in Health Psychology

**Session Chair:** Dr. Iftikhar Ahmed  
**Session In-charge:** Dr. Syeda Salma Hasan  
**Session Co-Chair:** Dr. Iram Fatima  
**Facilitator:** Ms. Fatima Murtaza  
**Moderator:** Saniya Kokab  
**Email:** saniyakokab@gmail.com  
**Phone:** 03014184648

<table>
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<tr>
<th>Abstract No.</th>
<th>Title of Presentation</th>
<th>Authors</th>
</tr>
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</table>
*Govt. Post Graduate College for Women, Satellite Town, Rawalpindi* |
| ICHP – 126   | Development of Indigenous Scale on Neuropsychological and Physiological side effects of Interferon Therapy in HCV Patients | Naeema Hassan & Amina Muazzam  
*Lahore College for Women University* |
| ICHP – 127   | Psychological Flourishing of Married Couples : Development & Validation of Indigenous Scale | Samar Fahd & Rubina Hanif  
*Quaid-e-Azam University, Islamabad* |
| ICHP – 128   | Translation, Adaptation & Validation of State-Trait Anger Expression Inventor-2 in Children and Adolescents | Saima Majeed & Farah Malik  
*University of the Punjab* |
| ICHP – 129   | Development and Validation of Occupational Stress Scale | Imran Khalil & Nasreen Akhtar  
*GC University Lahore* |
| ICHP – 130   | Translation & Cross Language Validation of Passionate Love Scale among Adults in Lahore Pakistan | Wahida Anjum & Iffat Batool  
*GC University Lahore* |
| ICHP – 131 | Development & Validation of Adjustment Problem Scale for College/ University Students | Umme Rubab Kazmi & Amina Muazzam  
Lahore College for Women University |
| ICHP – 132 | Development & Validation of Psychosocial Problem Scale for Diabetes (PPSD) | Shirmeen Ijaz & Amina Muazzam  
Lahore College for Women University |
| ICHP – 133 | Development & Validation of Presentation Anxiety Scale for University Students | Muhammad Talha Khan, Mudassar Ali Malik, Saba Ghayas, Muhammad Aqeel and Muhammad Siddique  
University of Sargodha |
| ICHP – 134 | Development, validation, and psychometric evaluation of Comprehensive Instrument of Measuring Morality | Aasma Munir & Jamil A. Malik  
Quaid-e-Azam University, Islamabad |
| ICHP - 160 | Development and Validation of Identity Crisis Scale for Pakistani Working Women | Afrogh Fatima & Syeda Shahida Batool  
GC University Lahore |

09:00 am – 12:00 pm  
**Display of Scientific Posters**

**Judges:** Dr. Kehkashan Arouj  
Dr Khalid Mehmood Bhatti  
Dr Richard de Visser

**Conveners:** Ms. Saadia Dildar  
Ms. Samra Tanveer  

**Deputy - Conveners:** Ms. Mariam Tahira  
Ms. Hira Jahangir

**Email:** Mariam.tahira@yahoo.com  
Hirabutt411@gmail.com  

**Phone:** 03364269963/ 03248410863

**Concluding Session:**  
**Venue:** Bukhari Auditorium  
(12:00 pm – 01:15 pm)

12:00 pm – 12:15 pm  
**Vote of Thanks**  
Dr Syeda Shahida Batool  
Chairperson Department of Psychology GCU Lahore

12:15 pm – 12:25 pm  
**Address by Prof. Dr Hassan Amir Shah (SI)**  
Honourable Vice Chancellor GC University Lahore

12:25 pm – 12:40 pm  
**Address by Chief Guest**  
Prof. Dr. Mohammad Nizamuddin  
Chairperson  
Punjab Higher Education Commission
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:40 pm – 12:45 pm</td>
<td>Announcement of Results of Scientific Posters</td>
</tr>
<tr>
<td>12:45 pm – 1:15 pm</td>
<td>Distribution of Shields &amp; Certificates</td>
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<td>Group Photograph</td>
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</tbody>
</table>

**Closing Tea (01:15 pm – 01:40 pm)**

Venue: Salam Hall

We cordially invite you to GC University Lahore and look forward to your presence at the event.